

Aimee M. Shea, MPH, RD, CSO, LD

7764 Strathmoore Rd
Dublin, OH 43016

919-265-9730
amorin92@gmail.com

LICENSURES & CERTIFICATIONS

- **Licensed Dietitian** (LD.6784) by the State of Ohio July 2011-present
- **Board Certified Specialist in Oncology Nutrition (CSO)** Sept 2008-present
- **Registered Dietitian** (961505) Sept 2006-present
- **Group Fitness Certification** from Interactive Fitness Trainers of America April 2006-April 2016
- **Completed CDR Certificate of Training in Childhood and Adolescent Weight Management** March 2010
- **Licensed Dietitian/Nutritionist** (L003114) by the State of North Carolina Sept 2007-March 2011
- **Licensed Dietitian/Nutritionist** (164.004580) by the State of Illinois Oct 2006-Oct 2007

EXPERIENCE

Mount Carmel College of Nursing

Assistant Professor

Columbus, OH
Fall 2015-present

- Teach "Human Nutrition" (SCIE 220, 4 credits) to sophomore nursing students
- Provide clinical instruction on integrated nutrition for Nursing 205/295 and 309/399
- Deliver guest lecture on Cancer Nutrition for Nursing 309/399
- Deliver guest lectures on Nutrition for the Term Newborn and High-risk Newborn for Nursing 307/397
- Deliver guest lecture on Foodborne Illness for Nursing 421/491

Department of Health and Sport Science, Capital University

Adjunct Faculty in Nutrition

Columbus, OH

- Teach "Human Nutrition" (HSPTS 230, 3 credits) to nursing and sport science majors Summer 2014-present

Division of Kinesiology & Sport Science, University of South Dakota

Adjunct Online Instructor

Columbus, OH

- Teach online courses to undergraduate students in a variety of majors Summer 2012-present
- Courses taught include: HLTH 422 - Nutrition (3 credits); HLTH 103 - Personal Health (3 credits); and PE 180 - Foundations of Health, Physical Education, and Recreation (2 credits)

Abbott Nutrition

Nutrition Consultant

Columbus, OH
Fall 2011-present

- Review Continuing Education Programs for the Abbott Nutrition Health Institute

Savor Health

Oncology Dietitian/Consultant & Customer Service Representative

Columbus, OH
Summer 2014-Fall 2016

- Develop and deliver webinars and presentations focused on cancer nutrition
- Provide customer service and nutrition counseling via telephone to clients

Physician Assistant Studies, Ohio Dominican University

Adjunct Instructor

Columbus, OH

- Teach "Public Health & Nutritional Concepts" to students in the Masters of Science program Fall 2013 & 2014
- Developed all content and course materials for this brand new course (PA 652, 2 credits)

Division of Medical Dietetics, The Ohio State University

Nutrition Lecturer

Columbus, OH
Spring 2012

- Assisted with Medical Nutrition Therapy class/lab for students in coordinated RD programs
- Taught Advanced Nutrition (Biochemistry) course for students in coordinated RD programs

The Rite Bite Fitness and Nutrition Center

Part-time Wellness Dietitian & Consultant

Lewis Center, OH
June 2011-May 2013

- Provided individualized nutrition counseling to clients with a variety of nutrition needs
- Delivered on-site Medical Nutrition Therapy to employees of a Corporate Wellness client
- Collaborated in developing a worksite wellness campaign for a local school district
- Reviewed school menus to ensure they met criteria outlined in the Healthy, Hunger-Free Kids Act

GlaxoSmithKline*Nutrition Consultant*

Research Triangle Park, NC

- Designed tailored meal plans for study participants in multi-site oncology protocols Summer 2008-Fall 2010

North Carolina Cancer Hospital, UNC Health Care System*Outpatient Oncology Dietitian*

Chapel Hill, NC

- Delivered Medical Nutrition Therapy to oncology patients Fall 2007-Fall 2010
- Created and conducted nutrition programs and classes for oncology patients and community members
- Developed first-ever comprehensive Outpatient Oncology Nutrition Program at UNC Health Care

Divisions of Endocrinology and Diabetes Education, Evanston Northwestern Healthcare*Endocrine Dietitian*

Skokie, IL

- Provided Medical Nutrition Therapy to patients with types 1, 2, and gestational diabetes Fall 2006-July 2007
- Conducted Medicare classes covering various nutrition topics
- Assisted with data collection and analysis for program recognition by the American Diabetes Association

Action for Healthy Kids*Nutrition Consultant*

Skokie, IL

- Managed and maintained the resource clearinghouse, a public database of nutrition information Fall 2006
- Reviewed and approved resources submitted to the resource clearinghouse

Pediatric Primary Care, Diabetes, and Insulin Resistance/Overweight Clinics, Duke Medical Center*Public Health Nutrition Intern*

Durham, NC

- Shadowed dietitians covering pediatric endocrinology, metabolic disorders, and gastroenterology Summer 2006
- Counseled overweight/pre-diabetic and diabetic children attending the primary care and endocrine clinics
- Revised and updated the pediatric obesity toolkit and developed a nutrition curriculum for physicians

Department of Nutrition, School of Public Health, University of North Carolina at Chapel Hill*Teaching Assistant for the Masters Level Nutritional Biochemistry Course under Dr. John Anderson*

Chapel Hill, NC

- Served as a resource for students, conducted review sessions, and assisted with grading Spring 2006

Healthy Kids, Healthy Communities Program, Durham Public School System*Public Health Nutrition Intern*

Durham, NC

- Assisted Project Coordinator with program implementation in 28 elementary schools Fall 2005-Spring 2006
- Presented nutrition/fitness information at school health fairs, PTA meetings, and community events
- Wrote nutrition- and fitness-focused newsletter articles for parent and community newsletters
- Developed and implemented a physical activity program for use by classroom teachers
- Prepared \$100,000 grant proposal to fund nutrition/physical activity program for the school system

Pitt County Memorial Hospital*Dietetic Intern*

Greenville, NC

- Completed rotations in General Medicine, Geriatrics, Diabetes, Cardiology, Surgery, Renal, Critical Care, Pediatrics/Neonatology, and Oncology Summer 2005
- Acted as counselor at week-long pediatric diabetes summer camp

Department of Nutrition, School of Public Health, University of North Carolina at Chapel Hill & The Center for Health Promotion and Disease Prevention, UNC-Chapel Hill*Research Assistant under Dr. Dianne Ward*

Chapel Hill, NC

Fall 2004-Fall 2005

- Prepared detailed case studies summarizing interviews with key personnel at twenty elementary schools as part of the qualitative research component of an evaluation of the National Walk to School Program
- Administered surveys to elementary school students participating in a physical activity intervention

Food Surveys Research Group, Beltsville Human Nutrition Research Center, Agricultural Research Service, United States Department of Agriculture*Biological Science Technician*

Beltsville, MD

Spring 2004-Summer 2004

- Researched information on the weights and measures of new food products
- Prepared spreadsheets of data gathered on specific food categories
- Incorporated research results into the USDA databases used for national nutrition surveys

Department of Nutrition and Food Science, University of Maryland*Volunteer Research Assistant under Dr. Tom W. Castonguay*

College Park, MD

Spring 2003-Spring 2004

- Homogenized tissue samples and isolated mRNA from rat livers
- Prepared and ran electrophoresis gels, performed Northern blots and PCR, and used spectrophotometry to measure optical density

**Unit on Growth and Obesity, National Institute of Child Health and Human Development,
National Institutes of Health**

Research Assistant under Dr. Jack Yanovski

Bethesda, MD
Summer 2003

- Met with participants in longitudinal study on pediatric overweight – performed body composition tests using the BodPod, recorded dietary measurements, ensured other tests were conducted (e.g. DEXA scans, bone age X-rays, pelvic ultrasounds, appropriate blood work)
- Developed and presented a scientific poster on the Metabolic Syndrome in Children
- Administered questionnaires to younger patients and completed data entry

EDUCATION

University of North Carolina at Chapel Hill
Master of Public Health in Nutrition, GPA: 4.0

Chapel Hill, NC
August 2006

University of Maryland
Bachelor of Science in Nutritional Science, GPA: 4.0, Summa cum Laude
Bachelor of Arts in Music – Flute Performance, GPA: 4.0, Summa cum Laude

College Park, MD
May 2004

SELECTED HONORS

- 2005 Beechnut Dietetic Intern/Pre-Professional Practice Program Scholarship from the Pediatric Nutrition Practice Group of the American Dietetic Association
- University Merit Assistantship from The Graduate School at the University of North Carolina at Chapel Hill, 2004-2005 Academic Year
- Robert A. Facchina Scholarship for Nutritional Science, Dietetics, or Food Science Undergraduates at the University of Maryland, 2002-2003 & 2003-2004 Academic Years

PROFESSIONAL MEMBERSHIPS

- Columbus Dietetic Association Member (COPI Co-Chair 2016-2018) Summer 2014-present
- Oncology Nutrition Dietetic Practice Group Member (Secretary 2010-2012) Fall 2007-present
- Academy of Nutrition and Dietetics Member Fall 2004-present
- Durham/Chapel Hill Dietetic Association Member (Nominating Committee Chair 2009-2010) Fall 2007-2010

PUBLICATIONS

Hayward MC, **Shea AM**. Nutritional needs of patients with malignancies of the head and neck. *Semin Oncol Nurs.* 2009 Aug;25(3):203-11.

INVITED PRESENTATIONS

- “Fighting Cancer with Food” November 7, 2015
LUNGeVity Regional HOPE Summit Midwest, Confluence Park, Columbus, OH
- “Fighting Cancer with Your Fork” October 25, 2013
Roadmap to Healthcare & Foodservice Success III, Avalon Foodservice, Inc., North Canton, OH
- “Medical Nutrition Therapy for Acute Cancer Care” March 21, 2013
Webinar presented in partnership with Dietary Solutions, Inc., Lewis Center, OH
- “Nutritional Management of Side Effects Related to Chemotherapy” May 15, 2012
Webinar presented in partnership with Dietary Solutions, Inc., Lewis Center, OH
- “Nature’s Top 20: Fighting Cancer with Food” October 20, 2011
Haven of Hope at The Zangmesiter Cancer Center, Columbus, OH
- “Your Diet and Cancer Prevention” June 4, 2010
Dare County Cancer Outreach Program Lunch and Learn Series, Nags Head, NC
- “Nutritional Management of Side Effects from Chemotherapy” April 20, 2010
The North Carolina Dietetic Association Annual Meeting, Durham, NC
- “Nutritional Issues after Total Laryngectomy” April 9, 2010
Speaking Outside the Box Laryngectomy Conference, Durham, NC
- “Nutrition & Supportive Care in Patients undergoing Curative Care for Head & Neck Cancer” April 9, 2010
The 34th Annual Internal Medicine Conference at the University of North Carolina, Chapel Hill, NC
- “Superfoods: Nature’s Medicine” October 12 & 19, 2009
The UNC Wellness Center at Meadowmont, Chapel Hill, NC
- “Nutrition and Vasculitis” December 6, 2008
Meeting of the NC/Raleigh Chapter of the Vasculitis Foundation, Durham, NC